

A Cookbook of Pearls for the RDA

Presented by

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A well trained clinical assistant operating in a well-organized treatment area can significantly reduce the time necessary to complete any procedure!

Keys to becoming a super clinical assistant:

- Proper positioning.
- If you can't see, you can't help!
- Simplify your workplace.
- Reduce your stressors.
- Introduce systems.
- The checklist.

What are the causes of YOUR stress on the job?

Getting the Doctor to change:

- What's in it for her or him?
- Becoming a clinical partner.
- Playing the "WHAT IF" game.

Cancer Screening

- Oral Cancer
 - The History
 - Changing Risk Factor
 - The Solution
 - Get it Early – Get it ALL!

- **Give your Patients a WOW Experience:**

Don't hurt them!

STA = Single Tooth Anesthesia

Comfortable head support

Lumbar support.

Blanket.

Long drapes.

Painless injections - Kovanaze

Comforting touch

Headphones

Movies

Carmex – No bleeding lips

Dark protective glasses

- **What your dentists uses to cut teeth does make a difference!**

A high torque handpiece that cuts teeth with more precision in less time – ELECTRIC HANDPIECE.

Constant high torque

Much less noise

Smoother – Milling vs chopping

Less stress – more fun

- **ISOLATION**

Isolite for dentists, hygienists and assistants.

New Isodry!

- **DIAMONDS AND BURS**

Disposable vs. reusable diamonds.

- **Build Up Materials**

- Clearfil Photo Core
 - CompCore AF by Premier

- **Esthetic Dentistry:**

- Fueled by Demanding Markets
 - Change a Smile.....Change a LIFE

- **Veneer Preparation**

- No Prep
 - Pressed Ceramic Prep (Empress)
 - Stacked Porcelain Prep
 - Three Quarter Veneer Prep
 - Typical Veneer Cases
 - Atypical Veneer Cases

- **Tissue Control**

- Tissue protection, the Zekrya.
 - If you don't cut the tissue, it won't bleed.
 - Retract tissue with cord.
 - OR without cord with Premier Traxodent or Septodont Racegel
 - Use Aluminum Chloride NOT Ferric Sulphate
 - Impression material – NOCORD from CENTRIX

Impressions:

- **Is it the material or the technique?**

- The best material.
 - A rigid bite tray.
 - Fast set materials.
 - Inexpensive Material but the crown did not fit.

SCANNING – CERAC, ITERO, CARESTREAM,
3SHAPE TRIOS

Easy Temporaries:

- **Posterior and Anterior**

A major waste of time.

Consistent, custom made, quality provisionals.

The Dental Button.

Bisacryl materials

Clinician's Choice Template

Trim with Safe End burs by SS White

Integrity Temp Grip – Resin – Non Eugenol

Fast, Easy Veneer Provisionals

Adhesive Dentistry:

- **Adhesive Systems Today**

Everything else

Self etching primers (SEP)

Ease of use

Following directions

Sensitivity?!

Cements:

Resin reinforced glass ionomer.

Kerr MaxCem Elite

GC FujiCEM

Ivoclar SpeedCEM PLUS

Cementing veneers – a system.

Composites

- New composite systems
 - Caulk Surefil SDR Flow
 - New matrix systems assures tight contacts
 - Esthet X HD
 - TPH3
 - Bulk Fill – BulkeZ by Danville

Curing Lights:

- Second and Third Generation LEDs
 - 3M Elipar S10
 - Ivoclar Bluephase Style LED
 - Kerr Demi Plus

Patient Communication:

- Shofu EyeSpecial CII Camera
- Patient understanding

Communication:

- The KEY to success!
- Learn to listen.
- Relationships.
- Have a passion for what you do.
- Be the best you can be.

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